

THE YIELD OF REPEAT PROSTATE BIOPSIES. Roberto Orozco,

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Background: Stratification of patients (pts) with regard to age, serum prostate-specific antigen (psa), digital rectal examination (DRE), and previous bx findings is necessary before rates for repeat prostate biopsies (pbxs) are determined. The purpose of this work was to analyze the results of rebxs of the prostate following a negative 1st pbx.

Design: A retrospective study was conducted on rebxs performed between April 1995 and May 1997. Cases were selected if their 1st pbx was negative [no prostate cancer (PCa), no acini suspicious for cancer (Susp) and no high grade prostatic intraepithelial neoplasia (PIN)]. Five psa values > 100 ng/ml were not included in the psa calculations.

Results: Of 37619 negative 1st pbxs, 2237 cases had a 2nd bx and 228 had a 3rd bx.

Dre	N	mean age	Pre bx psa		Positive rate (%)						Diagnoses			
			1 st bx	2 nd bx	A	B	C	D	E	F	Pca	Susp	PIN	Neg
nl	352	65.7	8.7	10.4	17	15	7	20	10	21	60	12	19	261
abl	514	67.4	9.5	10.4	23	21	13	27	16	27	117	19	18	360
N/A	1371	66.8	9.4	10.9	19	17	13	19	14	21	255	42	62	1012
All	2237	66.8	9.3	10.4	19	18	11	22	14	22	432	73	99	1633

N/A: not available, A: all pts, B: all pts with psa ≤10, C: pts < 65 yr. and psa ≤ 10, D: pts ≥65 yr. and psa ≤ 10, E: pts < 65 yr. and any psa, and F: pts ≥ 65 yr. and any psa.

Patients selected to undergo a 2nd pbx had mean f/u psa that was significantly higher than their mean pre-1st bx psa (p < 0.001). The percentage of pts with abnormal DRE that had 2nd bxs (59%) was not significantly different from that of pts with abnormal DRE (61%) that had 3rd bxs (p = 0.7). Of the 3rd bxs (mean psa = 11.6), 31 had PCa (13 of 73 susp or PIN and 18 of 155 neg 2nd bxs), 6: susp, 13: PIN, and 178 were neg.

Conclusions: Although the overall positive yield of 2nd (19.3%) and 3rd (13.6%) pbxs remains relatively high for patients with 1st neg bx, the yield varied from 7 to 27% with pt stratification. In addition, pts undergoing rebxs are being selected out of a much larger population.